



The Forest School Physical Development Leadership Curriculum for Secondary Pupils

We believe that all our pupils can develop leadership skills that will help equip them with valuable life skills such as independence, confidence, communication, teamwork and decision-making. To provide pupils with opportunities to develop these skills we have created a leadership curriculum for our secondary pupils which permeates through our Independence and Futures and Physical Development Curriculums. It also supports personal development for all pupils. Underpinning this curriculum is the ethos of responsibility, helping others and being a good role model. Consequently, learning through leadership will involve pupils working with primary pupils as well as with their own peer group and in the wider community.

Key Stage 3

Leadership			
Access	Build	Connect	Deepen
1. Explore equipment. 2. Observe a good sports leader -this can be an adult. 3. Copy an activity led by another leader. 4. Explore a leadership skill - e.g putting some equipment out with support. 5. Praise/clap/high five other participants. 6. Recognise who wins 7. Celebrate with others after being involved in some aspect of leadership.	1. Use equipment in a safe manner. 2. Identify what makes a good leader. 3. Participate in an activity led by another leader and then lead the same activity for someone else. 4. Demonstrate at least one good leadership skill. 5. Give simple feedback to participants. 6. Keep the score in a game/activity. 7. Reflect on my leadership - e.g thumbs up, down or in between for an area of leadership I have worked on, eg organisation - collecting the right equipment.	1. Confidently use familiar equipment in a safe manner. 2. Explore the qualities and skills of a good sports leader. 3. Lead an activity for someone else. 4. Demonstrate a range of good leadership skills when leading an activity. 5. Give praise and feedback to participants on what they did well. 6. Play the role of an official in a game/activity - e.g referee/timekeeper. 7. Reflect on my leadership skills by scoring myself on a scale or chart.	1. Confidently use equipment to set up a range of activities in a safe manner. 2. Describe/explain what makes a good sports leader and why. 3. Confidently lead a range of activities for small groups. 4. Demonstrate a range of good leadership skills when leading a range of activities. 5. Give feedback to participants explaining what they did well and how they can improve. 6. Effectively play the role of at least one official e.g referee managing a game/activity, keeping score, time keeping etc. 7. Evaluate my leadership skills, discussing/recognising what went well.
Pupil Interaction	Pupil Interaction	Pupil Interaction	Pupil Interaction



• Participation • Motivation • Positive social interactions • Self-regulation • Peer-to Peer Learning • Confidence • Attitude • Enthusiasm • Achievement	• Participation • Motivation • Positive social interactions • Self-regulation • Peer-to Peer Learning • Confidence • Attitude • Enthusiasm • Achievement	• Participation • Motivation • Positive social interactions • Self-regulation • Peer-to Peer Learning • Confidence • Attitude • Enthusiasm • Achievement	• Participation • Motivation • Positive social interactions • Self-regulation • Peer-to Peer Learning • Confidence • Attitude • Enthusiasm • Achievement
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Key Stage 4

Leadership			
Access	Build	Connect	Deepen
1. Use equipment. 2. Show some understanding of what makes a good leader. 3. Participate in an activity led by another leader. 3. Demonstrate one good leadership skill/characteristic, e.g organisation, communication, keeping participants safe, good listening. 5. Praise other participants. 6. Keep score or one activity. 7. Reflect on my leadership - e.g thumbs up, down or in between for an area of leadership I have worked on, eg organisation - collecting the right equipment.	1. Confidently use equipment in a safe manner. 2. Identify what makes a good leader. 3. Participate in an activity led by another leader and lead a simple, short exercise/activity for one other person. 4. Demonstrate more than one good leadership skill. 5. Give simple feedback to participants. 6. Play the role of an official in a game/activity. 7. Reflect on my leadership skills by scoring myself on a scale.	1. Confidently use a range of equipment in a safe manner. 2. Lead an activity for 2 or more people. 3. Explore the qualities and skills of a good sports leader. 4. Demonstrate a range of good leadership skills. 5. Give detailed feedback to participants. 6. Effectively officiate a game/activity applying the rules of the game/activity that participants must follow. 7. Evaluate my leadership skills, discussing what went well.	1. Confidently use equipment to set up a range of activities in a safe manner. 2. Describe/explain what makes a good sports leader and why. 3. Confidently lead a range of activities for small groups. 4. Demonstrate a range of excellent leadership skills when leading a range of participants. 5. Give detailed feedback to participants explaining how they can improve. 6. Effectively play the role of different officials managing a game/activity, keeping score, time keeping etc. 7. Evaluate my leadership skills, discussing what went well and how I could improve next time.
Pupil Interaction	Pupil Interaction	Pupil Interaction	Pupil Interaction



• Participation • Motivation • Positive social interactions • Self-regulation • Peer-to Peer Learning • Confidence • Attitude • Enthusiasm • Achievement	• Participation • Motivation • Positive social interactions • Self-regulation • Peer-to Peer Learning • Confidence • Attitude • Enthusiasm • Achievement	• Participation • Motivation • Positive social interactions • Self-regulation • Peer-to Peer Learning • Confidence • Attitude • Enthusiasm • Achievement	• Participation • Motivation • Positive social interactions • Self-regulation • Peer-to Peer Learning • Confidence • Attitude • Enthusiasm • Achievement
Collect photographic evidence of leadership - upload to Tapestry and/or use as evidence towards any AQA qualifications.			