



'The Hierarchy of Needs is a roadmap for personal growth and development'

(Abraham Maslow)

Introduction and Intent

- Nurture times are first on the timetable each day, an organised period of familiar calm.
- Nurture times are to prepare pupils for their day, attending to any physical needs first e.g. breakfast.
- Pupils are welcomed into school in a familiar manner with staff checking on pupils' welfare through Zones of Emotional Regulation use.
- Planned and structured social activities are available for pupils to choose from and access independently e.g. reading or fine-motor.
- Adults in class to champion pupil self-esteem through praise and encouragement, readying pupils to learn!

