



The Forest School
Every Child, Every Chance

PE and Sports Premium

Funding Received in 2022–23: **£16,390**

The PE and Sports Premium Grant provides additional funding to schools to make additional and sustainable improvements to the quality of PE and sport they offer, to ensure all students achieve a good level of physical and emotional well-being.

Physical Education (PE) and sports/outdoor activities play a vital part in the development of all children at The Forest School. The associated benefits of PE and sport reach beyond general physical wellbeing and impact on both social and emotional health.

In 2022–23, we have used the PE and Sports Premium to fund:

- Providing a suitable outdoor environment that will benefit pupils now and in the future.
- Membership of the North Yorkshire Special School Partnership.
- Hire off-site sports hall facilities at Knaresborough Community Centre.
- Specialist teacher – Access to Dance and Sensory Movement.
- Access to weekly swimming sessions at Knaresborough Pool.



Schools should use the premium to secure improvements in the following 5 key indicators.

Key indicator 1: The engagement of all pupils in regular physical activity. (CMO guidelines recommend primary pupils undertake at least 30 minutes of physical activity a day in school.)		
Intent	Implementation	Impact
Support and encourage all our pupils to become and remain active into adult life. Ensure pupils with physical difficulties are able to access the outdoor areas safely. Encouraging active play during break times and lunchtimes.	Install a wider range of playground equipment. Install playground markings to encourage active learning. Advanced Teaching Assistant with specific responsibility for playtime active games.	Increased participation in an active lifestyle. Increased accessibility for non ambulant pupils. Pupils are more active during learning time. Pupils can build up physical strength, confidence and independence. More active play during playtimes and lunchtimes.



<p>Raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2.</p>	<p>Weekly swimming lessons for both primary and secondary pupils.</p> <p>Increased staffing at the pool to support swimming, including qualified swimming teachers in the pool.</p> <p>Funding to cover shortfall in order for all pupils to swim weekly.</p>	<p>Greater pupil confidence in the water, progress with swimming greater distances and developing skills.</p> <p>% of Year 6 pupils (12) able to:</p> <ul style="list-style-type: none">• swim competently, confidently and proficiently over a distance of at least 25 metres: 33%• use a range of strokes effectively: 33%• perform safe self-rescue in different water-based situations: 0% <p>School provides additional provision for swimming, over and above NC requirements: YES</p>
<p>Extend the use of sports facilities offsite to broaden the variety of activities offered.</p>	<p>Hire Knaresborough Community Centre for three afternoons per week.</p>	<p>Ensures space for all pupils to be able to participate in their full entitlement of PE.</p> <p>Enables experience of high quality PE facilities.</p>



Key indicator 2: The profile of PE and sport is raised across the school as a tool for whole-school improvement.

Intent	Implementation	Impact
Encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes).	Pupils have the opportunity, during their time at The Forest School, to lead PE activities for both their peers and others in school through intra- and inter-school competitions as part of the School Games Program. Pupils are also able to volunteer as Sports Leaders to support competitions against other schools as part of The Special Schools Sports Partnership.	Ownership over PE, their personal fitness, improved communication and social interaction skills. Developing pupil independence and confidence.
Embedding physical activity into the school day through, active break times, lunchtime clubs, active lessons and teaching.	Across school, teaching incorporates regular 'active' movement breaks into lessons, and interactive learning.	Increased pupil physical activity across school.



Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport.

Intent	Implementation	Impact
Providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across school.	Staff training. Replacement, replenishment and purchase of additional equipment. Reviewed regularly and attended to as needed.	Higher quality lessons delivered, less waiting time for activities in class, greater opportunities for differentiation.
Hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities.	Weekly specialist Dance and Sensory Movement lessons for primary classes.	Increased engagement in physical activity in addition to timetabled lessons. Provision of high-quality physical activity that would not be possible otherwise.



Key indicator 4: Broader experience of a range of sports and activities offered to all pupils.

Intent	Implementation	Impact
Membership of the North Yorkshire Special Schools Sports Partnership.	Annual membership allows us to have access to a broader range of sports and to take part in a wide range of competitions and events across the year.	Pupils have the opportunity to learn new skills and sports. Pupils have the opportunity to compete with pupils from other special schools in the local area. Improvement in physical wellbeing, confidence, and social and communication skills.



Key indicator 5: Increased participation in competitive sport.

Intent	Implementation	Impact
<p>Increasing pupils' participation in the Special Schools Sports Partnership competitions.</p> <p>Organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.</p> <p>Increase opportunities for pupils to participate in competitive sport within school.</p>	<p>Increased staffing and cover costs for attending sports fixtures.</p> <p>PE Lead in school to facilitate.</p> <p>Intra- and inter-school competitions arranged during the academic year.</p>	<p>More pupils are able to access external competitions due to higher levels of staffing support and trained minibus drivers.</p> <p>Greater attendance at sporting competitions for more pupils.</p> <p>More pupils experience and take part in team and individual competitions.</p>



2022-23 PE and Sports Premium Spending Breakdown

Play equipment and surfaces to support new outdoor play provision.	£7500
Access to Dance specialist Tutor	£1000
Membership of North Yorkshire Special Schools Sports Partnership	£300
Hire of Knaresborough Community Centre	£1000
Cost of access to Knaresborough Pool and swimming teachers	£10,500
Additional transport costs to attend events	£1000
Purchase of play equipment	£3000
Total	£23,300

Signed off by			
Head Teacher:	S Crichton	Date:	15/05/2023
Governor:		Date:	