

## **CEOP E-Safety Packs**

We know that children love to socialise and as they get older, they will want to stay in touch with their friends online.

These activity packs for parents and carers explore how children can stay safe while connecting with others on social media apps and platforms:

[4-5s](#)

[5-7s](#)

[8-10s](#)

[11-13s](#)

[14+](#)

## **Social media: a video guide for parents and carers**

Our new video guide and [accompanying article](#) helps parents and carers to understand:

- The risks of using social media
- What they need to consider when deciding if their child is ready to use it
- How they can make social media safer for their child

[Access the video](#)

You can keep up to date with the latest news from the CEOP Education team by following us on [Facebook](#) and [Twitter](#). If you have any questions or feedback about our resources, get in touch with us at [ceopeducation@nca.gov.uk](mailto:ceopeducation@nca.gov.uk).

Best wishes

CEOP Education Team