



The Forest School
EVERY CHILD, EVERY CHANCE

Sports Premium

19-20 Funding Received: £16,397

The PE and Sport Premium Grant provides additional funding to schools to make additional and sustainable improvements to the quality of PE and sport they offer, to ensure all students achieve a good level of physical and emotional well-being.

Physical Education (PE) and sports/outdoor activities at The Forest School plays a vital part in the total development of all children. The associated benefits of PE and sport reach beyond general physical wellbeing and impact on both social and emotional health.

How to use the PE and sport premium

Schools must use the funding to make additional and sustainable improvements to the quality of their physical education (PE), physical activity and sport.

We intend to use the premium to:

- develop or add to the PE, physical activity and sport that The Forest School already offers.
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

Schools should use the premium to secure improvements in the following 5 key indicators.



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Key indicator 1: Engagement of all pupils in regular physical activity.

Intent	Detail	Impact
Providing targeted activities or support to involve and encourage the least active children.	All pupils participate in PE at the Forest School through differentiation and lessons planned to ensure engagement and TA's trained in physiotherapy input for identified pupils.	Pupils enjoyment of a range of physical exercise, building on their capabilities and with support from trained staff pupils will receive greater input to benefit mobility and physical development.
Encouraging active play during break times and lunchtimes.	Playtime leaders in both primary and secondary introducing different team games and the active mile.	More active play during playtimes and lunchtimes.
To provide a Multi Use Sports Area (MUGA) and redesigned playground facilities	The provision of a MUGA and redesigned play equipment would ensure we have accessible, all year round sports facilities on site which would support our aim to increase participation in sport and have active playtimes. This scheme is currently in	Support the School Mile Wheelchair users would be able to access the school sports and playground facilities



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	the design phase, and funding streams being identified.	<p>More learning time as this scheme reduces the need to travel to offsite facilities</p> <p>All Year Round surfaces allowing more access to outdoor spaces</p> <p>Equipment and space specially designed for pupils with special educational needs and a range of abilities</p> <p>Increased space for outdoor learning and active breaks</p>
Adopting an active mile initiative.	During playtimes and lunchtimes pupils will be encouraged to complete an active mile throughout the day.	Regular physical activity leading to improved health and fitness levels.
Raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2.	Weekly swimming lessons for both primary and secondary pupils with increased staffing at the pool to support swimming. Including qualified swimming teachers in the pool.	<p>Greater pupil confidence in the water, progress with swimming greater distances and developing skills.</p> <p>% of Year 6 pupils able to:</p>



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	Funding to cover shortfall in order for all pupils to swim weekly.	<ul style="list-style-type: none"> swim competently, confidently and proficiently over a distance of at least 25 metres 82%. use a range of strokes effectively 88%. perform safe self-rescue in different water-based situations 0%
Establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered.	Hiring of Knaresborough Community Centre and The Gymnastic centre in Harrogate and Harrogate Climbing Centre.	Ensures space for all pupils to be able to participate in their full entitlement of PE and for to experience high quality PE in a specialist setting accessing rebound therapy, which is unavailable on site.

Key indicator 2: Profile of PE and sport is raised across the school as a tool for whole-school improvement.

Intent	Detail	Impact
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<p>Encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes).</p>	<p>Pupils have the opportunity, during their time at The Forest School, to lead PE activities for both their peers and others, including volunteering during competitions against other schools as part of The School Games program.</p>	<p>Ownership over PE, their personal fitness, improved communication and social interaction skills.</p>
<p>Embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching.</p>	<p>Across school teaching incorporates regular active movement breaks into lessons, and interactive learning.</p>	<p>Pupils' increased activeness.</p>

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport.

Intent	Detail	Impact



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<p>Providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school.</p>	<p>Staff training, replacement, replenishment and buying additional equipment reviewed regularly and attended to as needed.</p>	<p>Higher quality lessons delivered, less waiting time for activities in class, greater opportunities for differentiation.</p>
<p>Hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities.</p>	<p>Weekly specialist dance/Jabadao lessons for primary and secondary classes. Additional dance session for identified primary and secondary classes.</p>	<p>Increased engagement in physical activity in addition to timetabled lessons. Provision of high-quality physical activity.</p>

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils.

Intent	Detail	Impact



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<p>Introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities.</p>	<p>Buy in to the special schools' sports calendar to take part in different competitions and events across the year.</p>	<p>Broaden pupil opportunities and experience of competitive sport.</p>
<p>Partnering with other schools to run sport activities and clubs.</p>	<p>Payment for use of a hydrotherapy pool, staffing cover to allow higher levels of support and staff training.</p>	<p>Access to specialist pool and trained staff to benefit the mobility and physical activity levels on non-ambulant swimmers.</p>
<p>Providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations</p>	<p>Information about available sport activities and clubs published in school foyer and leaflets sent home detailing available activities during half term.</p>	<p>Continuation of different PE / exercise outside of school increasing physical wellbeing, and the social and emotional benefits of exercise.</p>

Key indicator 5: Increased participation in competitive sport.



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Increasing pupils' participation in the School Games.	Increased staffing and cover costs for attending sports fixtures including Midas training.	More pupils able to access external competitions due to higher levels of staffing support and trained minibus drivers.
Organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.	PE lead in school to facilitate.	Greater attendance at sporting competitions for more pupils.

Signed off by Shara Clark.