

# THE FOREST SCHOOL

## NEWSLETTER - March 2015



### VISITS TO NUZZLETS

Spring has arrived at Nuzzlets and Chestnut, Pine and Willow classes have all enjoyed a visit this half term. We saw a tiny chick just hatched, a hedgehog just emerged from hibernation and fed new born lambs. We also brushed the goats and fed the rabbits and guinea pigs. Visits will continue next term.



### NYPACT

Attached to this newsletter is a flyer about a free event taking place in Ripon on Wednesday 22 April.

Parents may join NYPACT (the North Yorkshire Parent Carer Forum) for free - a registration form is also enclosed.

Membership includes a free Max card which allows a family free/concessionary access to over 700 UK attractions, plus a quarterly newsletter and regular information updates.

### ASTHMA IN SCHOOL

We are sending home 'asthma action plan' leaflets to children who are known to have asthma, but who do not have a care plan. We would be grateful if these could be completed and returned to school, to keep with your child's inhaler. If you have not received one of these but need one, please let us know.

### ABSENCE

For safeguarding reasons it is very important to inform us of your child's absence from school.

If your child is unwell please telephone the school to report his/her absence as soon as possible. If you ring before the school office opens, please leave a message on the answerphone.

For a planned absence such as a hospital appointment, please inform the teacher **in advance** via the child's planner, or telephone the school office staff who will pass on the message.

### PARENTPAY

[www.parentpay.com](http://www.parentpay.com) is a secure way of paying for school lunches, swimming, clubs and residential trips. Please check your ParentPay balances regularly. Please note wherever possible school lunches should be paid for in advance. For those parents who choose not to

use ParentPay, please remember to forward cash or cheque to the school office regularly to settle your child's account. Thank you.

### **SPRINGBOARD YOUTH CLUB**

Springboard Youth Club will take place over the Easter Holidays at Fairfax Community Centre.

The session will run 31st March and 7th April from 4.00 - 7.00pm. We'll be doing the usual activities including sports, arts, crafts, maybe some baking and computers. Tea will be provided. Please let me know in advance of any dietary requirements (in addition to the ones I'm already aware of)!

Some of you may be receiving this information for the first time, please accept this as an invitation for your child to attend the session should they wish to do so.

Please do not hesitate to contact me to either book a place or if you need any further information.

Danielle Mulholland

Leisure Development Officer - Disability Project

Harrogate Borough Council

Fairfax Community Centre

Fairfax Avenue

Harrogate

HG2 7RU

Email: [danielle.mulholland@harrogate.gov.uk](mailto:danielle.mulholland@harrogate.gov.uk)

Telephone: (01423) 556719

Mobile: 07525 988145

### **EASTER HOLIDAY**

Just a reminder that we break up for Easter on Friday 27 March at 2pm.

We look forward to seeing the children back in school on Monday 13 April for the start of the summer term.

**Peter N Hewitt**

**Headteacher**

Your support for your son/daughter's education is crucial to their progress and wellbeing. Please tell us if there are any adjustments we need to help you support them, for example: letters in large font; letters in different languages, wheelchair access, explaining things over the phone or a discussion with a colleague of the same gender.

---

**From:** NAS Harrogate Branch <NASHarrogateBranch@nas.org.uk>  
**Sent:** 23 February 2015 21:27  
**To:** NAS Harrogate Branch  
**Subject:** SWIM PARTY - Sunday 12 April 4.30 to 5.30 p.m.

Dear All

The following invitation has been extended to all on our branch mailing list.

A swim party will be held at Knaresborough Pool on **Sunday 12 April 4.30 to 5.30 p.m.** and has been organised by Games Zone parents.

Please note that under 8s or non swimmers must be accompanied in the pool).

The cost is £5 per swimmer - siblings welcome.

Places are limited!

**Book places by texting Frankie on 07791 723490.**

This activity has been organised informally by Games Zone parents and is not an official activity of either Games Zone or Time Together.

Pool lifeguards will be on duty.

They have requested muted party music and that no parties will proceed or follow the session (sole use of changing facilities) and all pool staff will have been briefed on the needs of the group.

Siblings are very welcome to swim but the needs of Game Zoners will take priority.

Thank you.

NAS Harrogate & District Branch is run by volunteers.

[www.harrogate-autism.org.uk](http://www.harrogate-autism.org.uk) Tel 07824 473871 - A message can be left for one of our committee members.

Springboard Youth club for children with autism - Weds eves (term time), Tues (holidays) from Yr 6 up.  
Telephone community development manager on 01423 556719 for further details.

<https://outlook.office365.com/owa/>

10/03/2015

## Dinky Mobile Farm

Wednesday 1st April

1 - 3pm

Saltergate Site

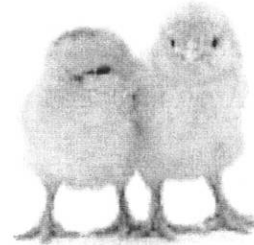
Ages 0 - 9 £2 per child

**Booking Essential**

The Dinky Mobile Farm (fully licensed and insured) will be visiting the Harrogate West Children's Centre on Wednesday 1st April 2015 from 1 - 3pm.

The animals that often make up the dinky mobile farm are:

- \* Baby lambs
- \* Baby calves
- \* Piglets
- \* Hens and chicks
- \* Ducks and ducklings
- \* Rabbits & guinea pigs
- \* Alpaca
- \* Pygmy goats



To book or for further information please contact the centre on 01609 798752.

## Harrogate West & Bilton Children's Centre

Saltergate  
Newby Crescent  
Harrogate  
HG3 2TT  
Tel: 01609 798752

Bilton  
Woodfield Road  
Harrogate  
HG1 4HZ  
Tel: 01609 532902

**Email: [harrogatenorthcc@northyorks.gov.uk](mailto:harrogatenorthcc@northyorks.gov.uk)  
[biltoncc@northyorks.gov.uk](mailto:biltoncc@northyorks.gov.uk)**

Harrogate West & Bilton Children's Centre

Children and Young People's Service



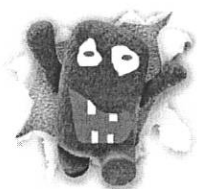
# NAS Harrogate and District Branch “Autism Soiree”

Saturday, 11<sup>th</sup> April 2015  
7.00pm till 12.00am

At The Crown Hotel, Harrogate

This hopes to be a fantastic event  
tying in with ‘World Autism Awareness Week’

It will include a buffet, disco and Special Guest Performance from  
**John Williams – Comedian and successful blogger**  
<http://www.mysonsnotrainman.com/>



**MY SON'S NOT RAINMAN**

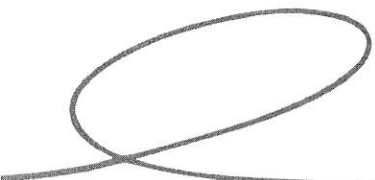


Tickets £25 each

All money raised will go to the Branch to support the local initiatives such as  
Springboard Youth club and the Adult ‘Wednesday’ Group  
(We do not get funds nationally from the NAS and rely entirely on our fundraising locally)

**Place your booking now – limited availability!**

<http://buytickets.at/harrogatedistrictbranchnationalautisticsociety/23368>



Accept difference. Not indifference.

Acorns Group are putting on the following activities

Creative Dance Sessions

1:30PM -- 2:30PM

7/3/15

11/4/15

2/5/15

**Time Together**

Unit 10, Provincial Works, Laundry Road, Harrogate HG1 4QE

Creative movement sessions, a chance to express ourselves, move to the music and have fun!

In the session we will be using a variety of props such as scarves, parachutes and maybe even instruments to inspire us to move how we want to move.

The sessions are run by Amy Manancourt who works in many special schools / schools in Yorkshire as a dance teacher. She comes from the highest authority and was recommended to Acorns.

We will be running these for trial of 1 a month for the next 3 months and will be working in conjunction with the lovely people at Parent's Together who are kindly hosting the event.

Open ages, we do request parents to be on site please. Price £3:00 for one child, £5:00 for 2 plus. Siblings and non-disabled welcome.

### **Acorns Support Group**

Term time every Friday morning @ Holy Trinity Arches in Ripon

9:30am – 11:00am

No charge

Refreshments

Children Welcome

### **Acorns Play Club**

Term time every Saturday morning @ Holy Trinity Junior School Ripon

10am – 12:00pm

£4:00 per child

Children under 5 need to be accompanied

Acorns are putting on the following

Swimming

7/3/15  
21/3/15  
4/4/15  
18/4/15  
2/5/15  
16/5/15  
30/5/15  
13/6/15  
27/6/15

Sessions will be every two weeks all year round

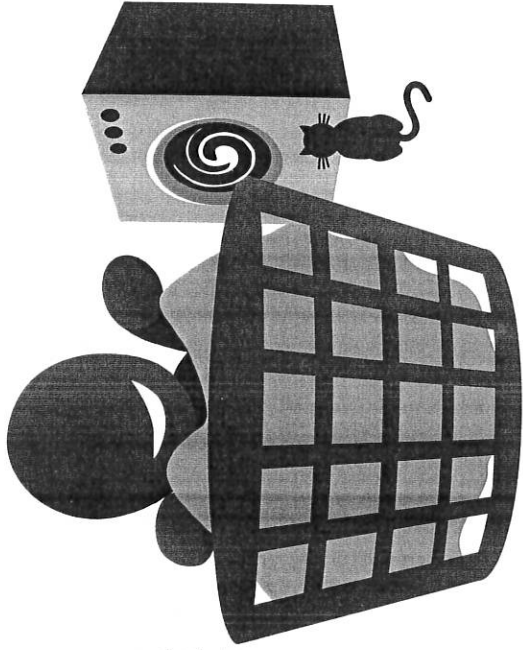
Ripon Spa Baths, Park Street, Ripon

4pm – 5pm

£5:00 for one child, £8:00 for 2 plus  
Adults and Carers free

Teacher is in the pool doing one to one tuition.  
The pool exclusive to Acorns, toys and rafts etc.  
Noise etc - most welcome





“The washing machine you provided has had such a **positive impact** on our lives. I can now spend **more time with my children** and do larger washes at once. The quality of the machine means the spin is great and the clothes dry quicker. **Our lives have been made much easier.**”

Sarah, London.

[www.familyfund.org.uk](http://www.familyfund.org.uk)

## Come to you

Would you like a member of Family Fund to visit your group or organisation to talk more about what we do and how we can help? Please email [comms@familyfund.org.uk](mailto:comms@familyfund.org.uk) to arrange.

## To contact Family Fund

All information about Family Fund and our grants can be found on our website: [www.familyfund.org.uk](http://www.familyfund.org.uk). We also have an online contact form, which you can fill out and a member of our team will action as soon as they can.

## Other ways to contact us

**Email:** [info@familyfund.org.uk](mailto:info@familyfund.org.uk)

**Tel:** 01904 621115

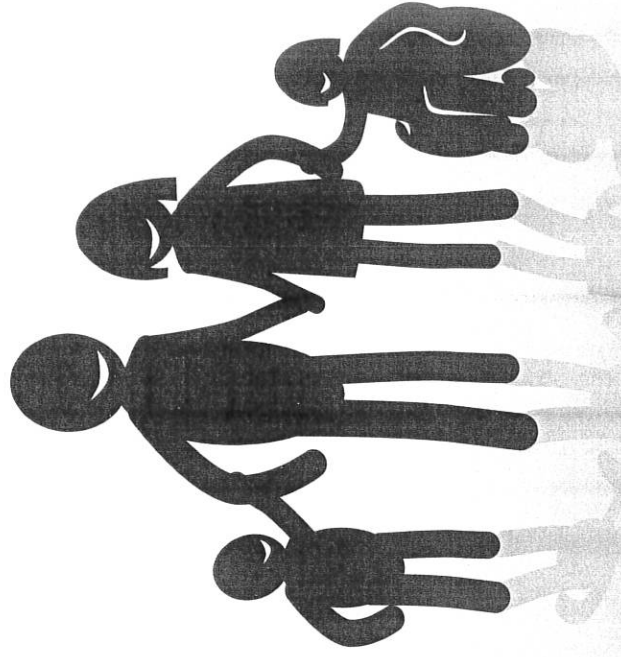
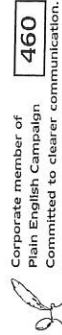
**Textphone:** 01904 658085

**Fax:** 01904 652625

**Post:** Family Fund, 4 Alpha Court,  
Monks Cross Drive, York YO32 9WN



Private company limited by guarantee. Incorporated in England and Wales. Registration no. 3166627. Registered charity no. 1053866. Scottish charity no. SC040810.



# Helping Families

raising disabled or seriously ill children across the UK

[www.familyfund.org.uk](http://www.familyfund.org.uk)

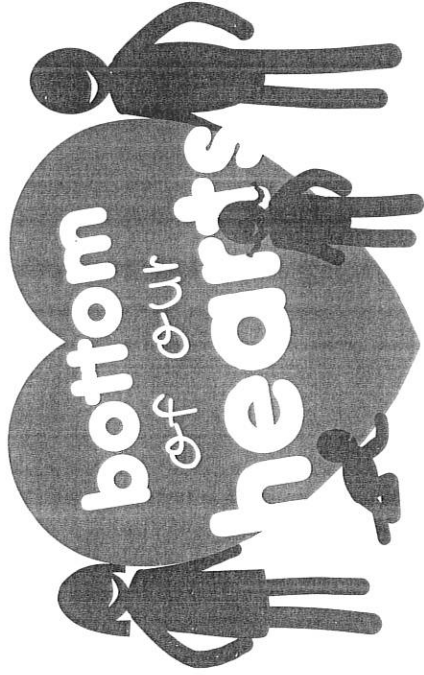
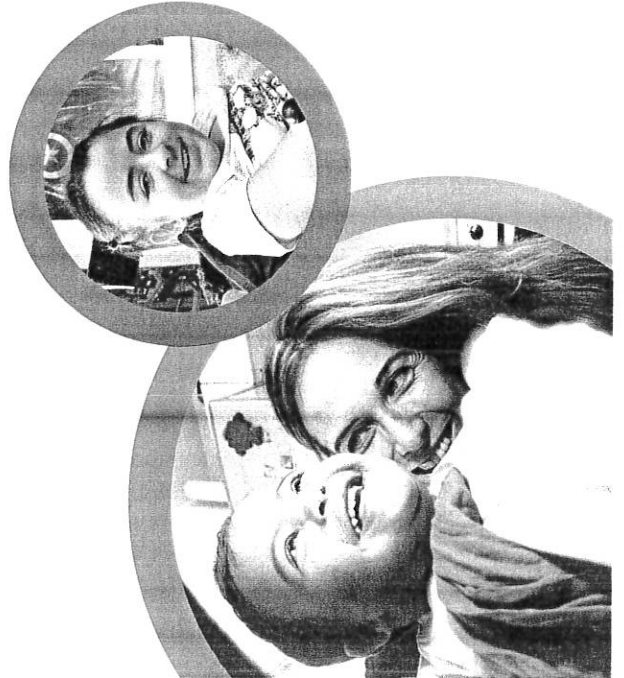
## Making a difference

Family Fund makes a difference to the lives of disabled and seriously ill children, young people and their families across the UK.

We give grants for essential items such as washing machines, cookers, clothes, tablets, computers, bedding, and much needed family breaks.

The support we provide is far reaching, not just financial. More and more families come to us for grant support for the first time, we can provide vital information and signpost to other services that families can use. This can be locally, regionally or nationally.

We help families who are in need of urgent support through our urgent referrer network.



“ A huge **thank you** to Family Fund for helping when our son was in hospital. It was a **huge weight off our mind** knowing we had the support to get petrol and a hotel. **Thank you** seems little but it's from the heart.

Siobhan, Portadown.



Whilst we help so many families across the UK, we know there are many more that need our support.

**Please tell parents or carers you know who are raising a disabled or seriously ill child about Family Fund.**

## How to apply

We can help families raising disabled or seriously ill children and young people from birth to 17 years old. Young people who are 16 or 17 can apply for a grant themselves. We accept one application per household, every 12 months subject to eligibility and funding.

Our website gives details on our eligibility criteria, how to apply and you can download an application form direct from: [www.familyfund.org.uk](http://www.familyfund.org.uk)

**Alternatively, contact us using one of the methods outlined on this leaflet.**

## Join our community

Family Fund has a growing online social media community for families, supporters and professionals. To join, visit:



[www.facebook.com/familyfund](http://www.facebook.com/familyfund)



[www.twitter.com/familyfund](http://www.twitter.com/familyfund)



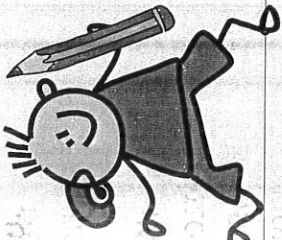
[www.linkedin.com/in/familyfund](http://www.linkedin.com/in/familyfund)

Sign-up to our newsletter for regular updates and how our grants make a difference:

[www.familyfund.org.uk/news/our-newsletters](http://www.familyfund.org.uk/news/our-newsletters)

Call us on 01904 621115

[www.familyfund.org.uk](http://www.familyfund.org.uk)



North Yorkshire  
**PACT**

## Your contact details

By joining our mailing list you will receive important news updates and information as well as a regular newsletter. It helps us to keep in touch with parents and carers across North Yorkshire.

Title

First name

Surname

Address

Landline

Mobile

Email

Please tick any of the boxes below that you feel best describes your situation:

Parent/Carer

Professional - Statutory Sector

Professional - Voluntary Sector

Other

## Getting involved...

There are a number of ways for parents and carers to get involved with North Yorkshire PACT.

Being involved does not have to be time consuming. Any help that you can give will be welcome, however big or small.

For more information please contact the North Yorkshire PACT Co-ordinator.

## Contact us...

North Yorkshire PACT

BBP House, Keld Close  
Barker Business Park,  
Melmerby  
Ripon HG4 5NB

01765 640552

07738456776

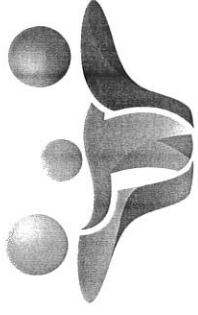
[www.nypact.co.uk](http://www.nypact.co.uk)

[northyorkshirepact@gmail.com](mailto:northyorkshirepact@gmail.com)

## Follow us...

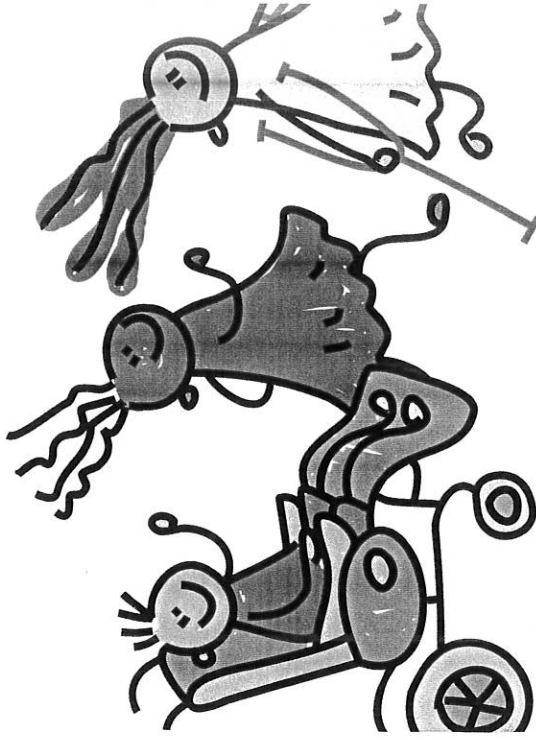
[www.facebook.com/nypact](http://www.facebook.com/nypact)

@nypact



North Yorkshire  
**PACT**

Having a voice  
to make services  
better



[www.nypact.co.uk](http://www.nypact.co.uk)  
[northyorkshirepact@gmail.com](mailto:northyorkshirepact@gmail.com)

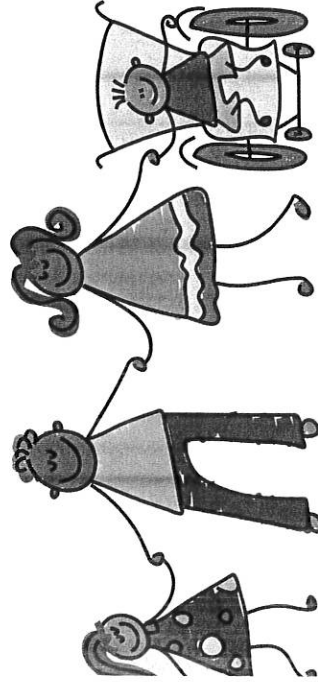
## About us...

YPACT is a collective voice for parents and carers in North Yorkshire.

We ensure that parents' views and experiences influence local services to make things better.

We believe that by working together we can make our voices heard and raise other people's awareness of our children's needs and recognition of our role as parent carers. Together our views and experiences can be received more clearly and strongly.

We include parents, grandparents, and foster parents, of children and young people with any learning difficulties, complex health needs, rare disorders and genetic conditions, physical disabilities and those with sensory needs, challenging behaviour and those who haven't received a diagnosis.



## "For parents - by parents"

### What we do....

- Build partnerships with social care, health and voluntary organisations.
- Ensure parents influence the way services are designed and delivered.
- Train and support parent representatives to work with local service providers and commissioners.
- Run events and activities so that parents can network together and share ideas.
- Help parents and carers keep up to date with local and national developments.
- Respond to consultation documents.
- Ensure parents and carers at the heart of decision making.



## Getting involved

Preferred contact method?

<input type="checkbox"/>	Mobile	<input type="checkbox"/>	Landline
<input type="checkbox"/>	Email	<input type="checkbox"/>	Post

Would you like to take part in consultations?

<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
--------------------------	-----	--------------------------	----

Would you like to act as a Representative on behalf of other parents & carers?

<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
--------------------------	-----	--------------------------	----

What would you like to receive information about? (tick all that apply)

<input type="checkbox"/>	Conferences and Events
<input type="checkbox"/>	Training for parents
<input type="checkbox"/>	Activities for families
<input type="checkbox"/>	Activities for Children/Young People
<input type="checkbox"/>	Local news and updates
<input type="checkbox"/>	National news and updates

Detach and return this form to:

**North Yorkshire PACT**  
BBP House, Keld Close  
Barker Business Park,  
Melmerby,  
Ripon HG4 5NB





# Let's Communicate Together!

## Strategies for Handling Communication Difficulties

Join us for this FREE event – BOOK NOW

Wednesday 22<sup>nd</sup> April 2015

Ripon Racecourse

10am - 3.00pm

(Registration from 9am, specialist creche available and free lunch)

This free event is aimed at parent carers and professionals to learn about the methods and techniques of speech and language skills.

How to book:

Visit: [www.letscommunicatetogether.eventbrite.co.uk](http://www.letscommunicatetogether.eventbrite.co.uk)

Email: [northyorkshirepact@gmail.com](mailto:northyorkshirepact@gmail.com)

Call: Pauline Wardman on 01765 640552

Post: NYPACT, BBP House, Barker Business Park, Keld Close, Melmerby, RIPON



# **Let's Communicate Together**

**Strategies for Handling Communication Difficulties**

**Wednesday 22<sup>nd</sup> April 2015**

## **Agenda**

- 09.00 Registration (Market stalls & refreshments)**
- 10.00 Welcome & Introductions**
- 10.10 Family Speakers – Kerry Fox, Helen & Charlotte Seth, Anita Reeves**
- 11.00 BREAK (Market stalls and refreshments)**
- 11.20 Keynote speakers; Carol-ann Howe & Marie Gascoigne**
- 12.00 LUNCH (Market stalls & buffet lunch)**
- 13.00 Workshop 1**
- A - Picture Exchange Communication System**
  - B - Assisted Technologies**
  - C - Visual Structures**
- 14.00 Workshop 2**
- D - Makaton**
  - E - Selective Mutism**
  - F – Hearing Impairment**
- 15.00 CLOSE**

# **Let's Communicate Together**

## **Strategies for Handling Communication Difficulties**

**Join us for this FREE event – BOOK NOW**

**Wednesday 22<sup>nd</sup> April 2015**

**Conference Booking Form**

**Name:**

**Address:**

**Postcode:**

**Tel:**

**Email:**

**Do you have any?**

**Access requirements**

**Dietary requirements**

**Childcare requirements**

Please post this form back to:  
**North Yorkshire PACT, BBP House, Keld Close, Barker  
 Business Park, Melmerby, Ripon HG4 5NB**

This will confirm your **registration** and you will receive regular updates, our quarterly newsletter and a **free Max Card\***

**Parent/Carer information**

Full Name	
Home Address	
Postcode	
Email Address	
Home Phone	
Mobile Phone	

**Child/Young Person Information**

Full Name	
Date of Birth	
Nature of Additional Needs (autism, down's syndrome etc)	

**Child/Young Person Information**

Full Name	
Date of Birth	
Nature of Additional Needs (autism, down's syndrome etc)	

**Child/Young Person Information**

Full Name	
Date of Birth	
Nature of Additional Needs (autism, down's syndrome etc)	

**\*If you are already in receipt of a MAX card (the days out discount scheme for children with additional needs and their families), please add the expiry date below:  
 MAX card expiry date:**



# COMPASS REACH

## COMPASS REACH

Compass REACH works with young people in North Yorkshire who are aged between 9–19 and identified as being at risk of:

- Poor sexual health, including preventing early pregnancies
- Substance misuse, including alcohol and legal highs
- Issues with emotional wellbeing or mental health

## WOULD YOU LIKE TO TALK TO SOMEONE FOR SUPPORT?

If so, Compass REACH is here for you...

Workers are based across North Yorkshire, so wherever you are, we can arrange to meet you at a time convenient for you, including evenings, somewhere safe and confidential.

Opening hours: **Monday – Thursday 9am – 5pm**  
**Friday 9am – 4.30pm**

Call us: **0800 0087452 (Freephone)**

Email: **[NYRBS@compass-uk.org](mailto:NYRBS@compass-uk.org)**

Web: **[www.compass-uk.org](http://www.compass-uk.org)**

A **Compass** service

NORTH YORKSHIRE  
HEALTHY CHILD PROGRAMME  
*Growing up healthy in North Yorkshire*

