



British



Values



discussion



work.

You will need an



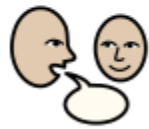
adult

or another



young person

This is



to talk to.



Remember - it is



ok

to have different



opinions!

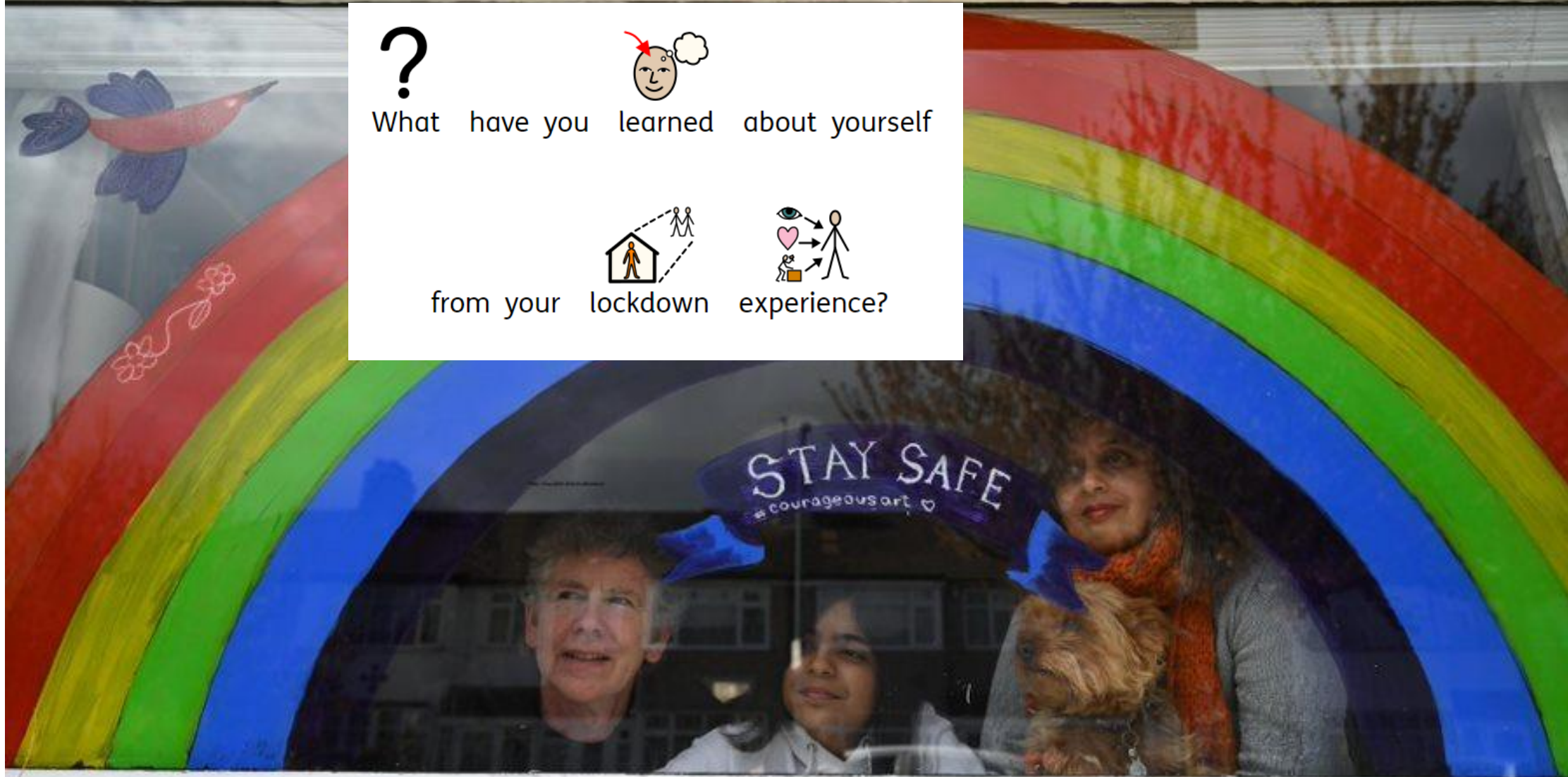
?










What have you learned about yourself



from your lockdown experience?



Since the 23rd  March 2020,  people in the  UK have been  living

under  lockdown  rules from the  government.



Schools

have



closed

to many



pupils,

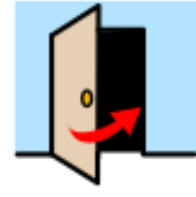


parks

and



offices



shut,



and

people

have been



asked

to



stay

inside their



homes.



How

have you been



spending



lockdown?



What

parts of your



life



have changed

and



what

parts have stayed the same?



Think about

what you have



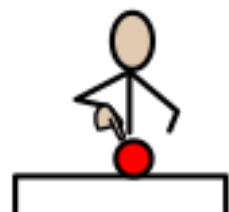
enjoyed

about this



time

and



what

you have found most



difficult.

?

Have

you



learned

any

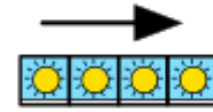


lessons?

?

Are

there any



permanent



changes



you

might

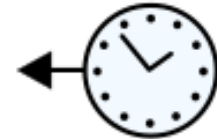
make

when things



go back

to how they



were

before?

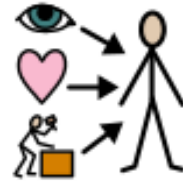


Read



through the

young people's



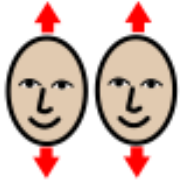
experiences

of



lockdown.

Do you



agree

with any?

Do you have any



advice

for any of them?

I carried on going to school throughout lockdown, which was very strange at first.

There weren't many of us in school and none of my friends were there. We had to continue to be careful with handwashing and try to social distance – some of the younger children found this hard!

Most days were quite fun as we did lots of project-based tasks and I made some new friends.

I did feel a bit jealous of all the children in my year who weren't having to come to school though!

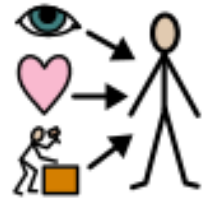
Jack, Age 10

I really missed my parents. They are both keyworkers, so I went to live with my Grandparents. I love my Grandparents and they are really kind, but I have missed being in my own home with my own family. I didn't do much schoolwork as the internet is pretty rubbish, but I did play out in the garden lots. I spoke to my parents every day on the phone.

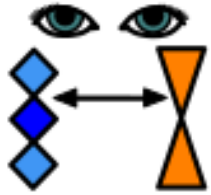
Rosie, Age 9

My experience of lockdown has been fairly good. I spent a couple of hours doing schoolwork, which my dad helped me with as he had been furloughed. Mum worked in the morning but then we all went out for our daily exercise in the afternoon and came back and made crafts and played in the garden. Some days I missed my friends but most days I felt happy.

Kate, Age 11

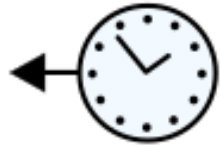


Watch the useful video. How has your lockdown experience



compared with the experiences of young people in Italy?

<https://www.bbc.co.uk/newsround/52110531>



For the past few months, we have spent more time in our



homes than we can remember.



We may

have filled this time

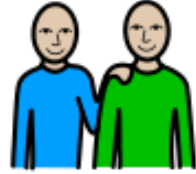


with schoolwork, playing with



family members

or with our



friends



online

but it's likely we've also had



time

to



think about

ourselves,

and what is



important

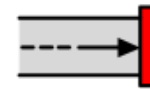
to us.

British Values

Respect



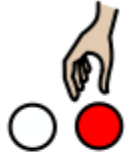
We are all different and as we come to the end of the school



year, our differences can be something to celebrate and



respect!

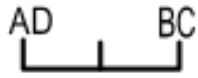


Optional

follow up



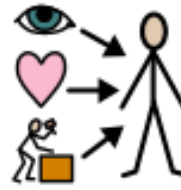
idea



Use the timeline resource to show your emotions throughout your



lockdown



experience.

Lockdown Emotions Timeline