

Wednesday Woodland Adventure at home

April 2020

Hello!

I do hope that you are all keeping busy and are able to spend a little time outdoors, even if it is just sitting still and quiet in the garden and listening to the birds and all the other sounds around you.

Here is a fun activity that you might like to try at home this week. This a lovely way to spend an afternoon together, collecting flowers and leaves and then creating!
You can do this activity in the garden or indoors.

You will need the help of a grown up for this activity.

The Japanese art of Hapa-Zome

Hapa-Zome is a Japanese term meaning 'leaf-dye'.

What you will need:

- Flowers and leaves from the garden
- Fabric, (I used an old pillowcase that I cut into squares then folded in half)
If you haven't got any fabric you can use kitchen roll, it works just as well.
- A hammer, or you can use a rolling pin, or a large stone.
- A solid base. You could use a chopping board on the floor.

Please remember to ask permission before you pick any flowers from the garden! And always wash your hands!

Place your fabric on to the solid base. Arrange your plant material on one side of the fabric and fold it over. Then just tap, tap, tap with the hammer/ rolling pin, not too hard and not too soft. Once you feel you have tapped each flower and leaf you can open the fabric and reveal your artwork! The dye from the flowers and leaves will have transferred on to the fabric. Then simply peel off the flowers and leaves. So easy but so beautiful.



It would be lovely to see some of your Hapa-Zome artwork on our Facebook page!

I made some pretty bunting. I hope you like it.



Have fun and don't forget to look out for next week's Woodland Adventure at home activity.