

## Me in the World

This term we are thinking about keeping ourselves healthy!!

This week, can you practise running laps in your garden?

It is going to be good weather this week so it will be healthy for you to get some fresh air. If the sun becomes very warm, please remember to wear a T-shirt, a hat and put on sun cream.

How fast can you run around your garden? Could you ask your parents or carers to time you? Can you improve your time each day??

## Mathematics

This week we shall be learning about Time.

Whilst you are at home can you tell the time when you do certain things during the day? For example, what time do you get up in the morning, eat you lunch and tea, what time do you go to bed??

Some of you may learn to use a digital clock as well as an analogue clock (a clock with a clock - face).

## COMMUNICATION AND LANGUAGE

Can you tell your parents/carers something that you have really enjoyed doing at the end of each day? Some of you may prefer to use Makaton signing to tell your story.

## Literacy

Choose a story from the list. Either read it yourself or ask your parent/carer to share it with you. You could either write about it or draw a picture from the story. What was your favourite part in the story? Which character did you like best? Read the story again, can you retell the story in your own words?



BS Class  
Our Natural  
World  
Summer-week 1

## Expressive Arts and Design

Can you make a collage from things in your garden? Make sure to ask your parents/carers that it is okay to use any leaves or flowers before you pick them.

You don't have to stick them onto paper if you don't want to, as you can make a moveable collage.

If possible, you could ask your parent/carer to take a photo of your collage.

## Understanding the World

Can you watch out for any birds in your garden? Can you ask your parent/carer to help you identify the different types of birds?

At this time of year, many birds are making their nests. Can you see any nests either in your garden or maybe when you go for a walk? How many different kinds of birds have you seen this week?

Some of you might draw some of the birds and then label them.

## Physical Development

Can you join in with an exercise session on the television or computer? There is Joe Wicks at 9.00am every day. Or you could join in with a Cosmic Yoga session on You Tube, just like the ones we do in class. We enjoyed The Hungry Caterpillar and The Bear Hunt sessions. You could show your parents/carers how good you are at doing it!!!

